






# Nadaburg Unified School District

# September 2019

## Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>02</b></p>	<p>Strawberry Mini Pancake Applesauce, Juice, Milk</p> <p>Chicken Popcorn Bowl Mashed Potatoes w/ Cheese</p> <p>Chicken Caesar Salad</p> <p>FFV Bar Milk <b>03</b></p>	<p>WG Banana Bread Applesauce, Juice, Milk</p> <p>Salisbury Steak Mashed Potatoes w/ Roll</p> <p>CA Club Turkey Wrap</p> <p>FFV Bar Milk <b>04</b></p>	<p>Banana Choco Chunk Bar Applesauce, Juice, Milk</p> <p>Spaghetti w/ Breadstick</p> <p>Yogurt, Granola, Cheese Box</p> <p>FFV Bar Milk <b>05</b></p>	 <p><b>06</b></p>
<p>Trix Cereal Breakfast Kit w/ Small Apple, Milk</p> <p>Chicken Patty Sandwich</p> <p>Popcorn Chicken Salad</p> <p>FFV Bar Milk <b>09</b></p>	<p>WG Breakfast Pizza w/ Applesauce, Juice, Milk</p> <p>Fish Nuggets w/ Wedges</p> <p>Chicken Cesar Wrap</p> <p>FFV Bar Milk <b>10</b></p>	<p>WG French Toast w/ Applesauce, Juice, Milk</p> <p>Mac &amp; Cheese w/ WW Roll</p> <p>Yogurt, Granola, Cheese Box</p> <p>FFV Bar Milk <b>11</b></p>	<p>Sweet Potato Choco Chip Muffin Top w/ Lg Apple, Milk</p> <p>PBJ Sandwich w/ String Cheese</p> <p>Stuffed Breadstick w/ Marinara Cup</p> <p>FFV Bar Milk <b>12</b></p>	 <p><b>13</b></p>
<p>WG RS Fruit Loop w/ Small Apple, Milk</p> <p>Sloppy Joe w/ Wedges</p> <p>Chef Salad w/ Muffin</p> <p>FFV Bar Milk <b>16</b></p>	<p>Bagelful w/ Applesauce, Juice, Milk</p> <p>Grilled Cheese w/ Wedges</p> <p>CA Club Turkey Wrap</p> <p>FFV Bar Milk <b>17</b></p>	<p>WG Cherry Frudel w/ Ap- plesauce, Juice, Milk</p> <p>Chicken Nuggets w/ Wedges</p> <p>Veggie Wrap</p> <p>FFV Bar Milk <b>18</b></p>	<p>Bkfst Bar Cinnamon Round Applesauce, Juice, Milk</p> <p>WG Personal Pan Pizza</p> <p>Yogurt, Granola, Cheese Box</p> <p>FFV Bar Milk <b>19</b></p>	 <p><b>20</b></p>
<p>WG Cinnamon Bun, Juice Applesauce, Milk</p> <p>Hamburger w/ Wedges</p> <p>Popcorn Chicken Salad</p> <p>FFV Bar Milk <b>23</b></p>	<p>WG Zucchini Bread Applesauce, Juice, Milk</p> <p>Chicken Tenders w/ Mashed Potatoes</p> <p>Chicken Cesar Wrap</p> <p>FFV Bar Milk <b>24</b></p>	<p>WG Cocoa Donut Applesauce, Juice, Milk</p> <p>Hot Dog w/ Wedges</p> <p>Yogurt, Granola, Cheese Box</p> <p>FFV Bar Milk <b>25</b></p>	<p>Maple Mini Waffles Applesauce, Juice, Milk</p> <p>Chicken Quesadilla w/ Corn</p> <p>Build Your Own Pizza</p> <p>FFV Bar Milk <b>26</b></p>	 <p><b>27</b></p>
<p>WG Cinnamon Bun Applesauce, Milk</p> <p>Bean Burrito Bowl w/ Tortilla Chips</p> <p>Popcorn Chicken Salad</p> <p>FFV Bar <b>30</b></p>				<p><b>Charge Policy:</b></p> <p>Students will be provided a cheese sandwich, fruit, and milk after three negative charges.</p>


### Elementary Breakfast Includes:

Choice of Hot Entrée or Cereal  
Fruit and/or 100% Fruit Juice,  
1 % White or FF Chocolate Milk



Meal Price: \$1.00  
Reduced Price: \$.30  
Milk Carton: \$.25

**Nutrition Information:** Cycle Week 1: Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2547, Sodium, 3349 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/Meat Alt 7, Grain/Bread 6.75

 Symbolizes the daily vegetarian option.

### Elementary Lunch Includes:

Choice of Hot Entrée & 1 Cold Entrée  
Fruit & Vegetable Bar (Minimum 5 choices)  
1 % White or FF Chocolate Milk



Meal Price: \$2.85  
Reduced Price: \$.40  
Milk Carton: \$.25

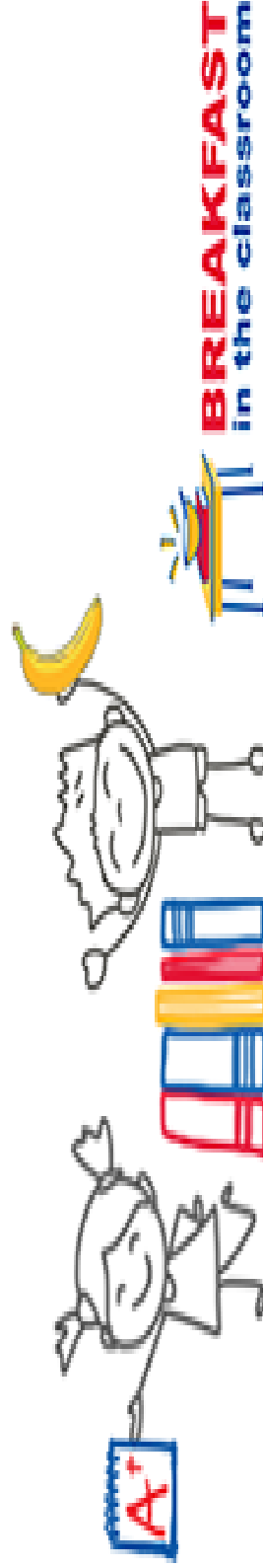
# Nadaburg Unified School District

Breakfast & Lunch Menu

2019

**Partners for Breakfast in the Classroom works to bring students a healthy morning meal – a key ingredient for:**

- ✓ **Higher attendance**
- ✓ **Improved academic performance**
- ✓ **Better test scores**



[www.BreakfastintheClassroom.org](http://www.BreakfastintheClassroom.org)

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